

ENERGY & ENDURANCE

CEREAL ENERGY PLUS

65% CARBO 10% PROTEIN**CRANBERRY**

PREPARE

BEFORE

DURING

AFTER

QUICK INFO

- LACTOSE FREE
- GLUTEN FREE
- ACID FREE
- NO SWEETENERS
- NO ARTIFICIAL COLOURS
- NO PRESERVATIVES

**PRODUCT DESCRIPTION**

CEREAL ENERGY PLUS BAR from Sponser®, appropriate as high quality cereal bar for all sporting activities.

Enriched with L-carnitine and magnesium.

MCT, medium chain fatty acids are an alternative source of energy and can be absorbed into the blood directly by the body, bypassing the usual metabolic pathway, and delivered to the mitochondria as a fuel. Thus, the MCT fat is a further usable energy source, particularly on long distances.

ADVANTAGES

- **L-carnitine 270 mg/bar**
- **Appropriate in cold as well as warm temperatures**
- **Ideal as snack during leisure time and sport**

UTILISATION

Appropriate as high-quality energy snack during sporting activities and leisure time.

INGREDIENTS

Cereals 23% (**oat**, rice, corn), sucrose, vegetable fat (palm, coconut, sunflower), infused cranberries 9%, dextrose, **soy** kernels, glucose syrup, fructose, **milk** powder, protein powders (**milk**, **whey** protein isolate, **casein** hydrolysate), coconut flakes, coconut and palm oil 2.7% (with MCT*), fructo-oligosaccharides 2%, humectant sorbitol, L-carnitine, salt 0.4%, acidulant citric acid, flavours, **malt** extract. May contain traces of nuts and other seeds.

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FLAVOURS/PACKAGING

Cranberry

Display 15 x 40 g

NUTRITION FACTS

TYPISCHE NÄHRWERTE/VALEUR NUTRITIVE/NUTRITION FACTS	PER 100 G	PER RIEGEL/ BARRE/BAR (40 G)
Energie/energy kJ (kcal)	1875 (446)	750 (178)
Fett/lipides/fat	18 g	7.2 g
davon Fettsäuren/of which fatty acids		
- gesättigt/saturated (incl. MCT*)	13 g	5.2 g
- einfach ungesättigt/mono-unsaturated	3.0 g	1.2 g
- mehrfach ungesättigt/poly-unsaturated	2.0 g	0.8 g
Kohlenhydrate/ glucides/ carbohydrates	58 g	23 g
davon Zuckerarten/dont sucres/of which sugars	36 g	14 g
Ballaststoffe/fibres alimentaires/fibres	4.0 g	1.5 g
Eiweiss/protéines/protein	11 g	4.5 g
Salz/sel/salt	0.55 g	0.23 g

Per 100 g (40 g): L-Carnitine 680 mg (270 mg), MCT* 2.6 g (1.0 g)

* medium-chain fatty acids

Cereal bar with medium-chain fatty acids and L-carnitine. Cranberry flavour.

Carefully produced in Switzerland

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